Just as a reminder, here are the corresponding fabric letters to colors used in these illustrations:

A B C D E

Instructions given are for the Throw. Other sizes are in parenthesis (Twin, Queen)

Hourglass Units and Half Hourglass Units

1. HALF SQUARE TRIANGLE UNITS

Combine the following fabric pieces to form HST units using the HST instructions shown previously:

- 4 (10, 19) Fabric B squares (5 ½" x 5 ½") and 4 (10, 19) Fabric D squares (5 ½" x 5 ½") to form 8 (20, 38) B/D HST Units (5" x 5" approx.).
- 8 (9, 9) Fabric B squares (5 ½" x 5 ½") and 8 (9, 9) Fabric E squares (5 ½" x 5 ½") to form 16 (18, 18) B/E HST Units (5" x 5" approx.).
- 2 (2, 2) Fabric C squares (5 ½" x 5 ½") and 2 (2, 2) Fabric E squares (5 ½" x 5 ½") to form 4 (4, 4) C/E HST Units (5" x 5" approx.).

Do NOT trim the HST Units at this point.

(There is no need to trim these HST Units as they are just intermediate units to be used in making the half and full hourglass units below. The half and full hourglass units will be trimmed when complete. In the directions below, the HST will be marked with a size of $5'' \times 5''$ approx. as they are not trimmed.)

2. HALF HOURGLASS UNITS

Combine the following fabric pieces to form the Half Hourglass Units using the method outlined below:

- 8 (19, 38) B/D HST Units (5" x 5" approx.) and 8 (19, 38) Fabric D squares (5" x 5") to form 16 (38, 76) B/D Half Hourglass Units (4 ½" x 4 ½").
- 14 (15, 16) B/E HST Units (5" x 5" approx.) and 14 (15, 16) Fabric E squares (5" x 5") to form 28 (30, 32) B/E Half Hourglass Units (4 ½" x 4 ½").

2 (2, 2) C/E HST Units (5" x 5" approx.) and 2 (2, 2) Fabric E squares (5" x 5") to form 4 (4, 4) C/E Half Hourglass Units (4 ½" x 4 ½").

a. Place a HST Unit (5" x 5" approx.) and a fabric square (5" x 5") right sides together. Draw a diagonal line using a removable marking device on the back of the HST Unit (shown as the solid line) perpendicular to the seam.

b. Sew 1/4" on both sides of the solid line (shown as the dotted lines). Cut on the solid line and press seams open.

c. Trim half hourglass blocks to 4 ½" x 4 ½". Note: each set of one square and one HST Unit will yield two half hourglass blocks.





B/E Half Hourglass Units



3. FULL HOURGLASS BLOCKS

Combine the following fabric pieces to form the Full Hourglass Units using the method outlined below:

2 (2, 2)B/E HST Units (5" x 5" approx.) and 2 (2, 2) C/E HST Units (about 5" x 5") to form 4 (4, 4) B/C/E Full Hourglass Units (4 ½" x 4 ½").

a. Place a B/E HST Unit (5" x 5" approx.) and a C/E HST Unit (5" x 5" approx.) right sides together such that the seams on the HST Units are aligned (and the E fabrics are on opposite sides of the seam from one another). Draw a diagonal line using a removable marking device on the back of the one of the HST Units (shown as the solid line) perpendicular to the seam of that HST Unit.

b. Sew 1/4" on both sides of the solid line (shown as the dotted lines). Cut on the solid line and press seams open.

c. Trim full hourglass blocks to 4 ½" x 4 ½". Note: each set of two HST Units will yield two full hourglass blocks.

